#### **Our Golden Rules**

- Be kind and helpful
- Be honest
- Look after property
- Work hard
- Keep hands, feet and unkind words to yourself
- Listen to people
- Play co-operatively

### What will happen to children who have bullied others?

- They must think about how they made the other person feel.
- They must say sorry to the person they bullied.
- Consequences such as missing break times.
- Their parents will be told.

**REMEMBER:** If you are bullied or know someone else is being bullied you must **TELL SOMEONE**. Don't try and deal with the bully yourself.

# You can tell:

- A teacher
- Your parents/carers
- A teaching assistant
- A Midday Supervisor



Glenfield Primary School

Child Friendly Anti-Bullying Policy



Learn together, achieve together and be the best that we can be.

# Child Friendly Anti-Bullying Policy



# What is bullying?

Bullying is when someone hurts, frighten or upsets someone else more than once on purpose.

# Bullying is NOT...

- Accidents
- Falling out with friends
- Something that only happens once

# Bullying can be...

**Verbal:** Name calling or saying unkind things about the what someone looks, their race, their

family or their

religion.

#### **Emotional:**

Hurting people's feelings

by leaving them out or ignoring them.

**Physical:** Pushing and kicking or taking things that belong to someone else.

**Cyber:** Saying unkind or hurtful things on social media, the internet or in text messages.

### If you are bullied:

- Remember it's not your fault.
- Tell an adult straight away
- Tell them to STOP if you can.
- Just walk away.

If you see someone being bullied, you must tell an adult straight away.

#### The teachers will:

- Take you seriously
- Talk to everyone involved.
- Deal with children who have been bullying others.
- Help you to feel safe at school.

